

## What is a #MONTHLYMUSE?

BoMa's Monthly Muse is our way of celebrating strong women who inspire others to do great. Each month, we'll be featuring women we think embody ambition, power, strength, and inner beauty. A BoMa Muse is driven, dedicated, and goes about her day with confidence. She's expressive and stands for what she loves, whether it be in fashion or personal beliefs. Going further than fashion, she refuses to follow the crowd as she proudly creates her own style. We'd like to bring well-deserved acknowledgement to women who shine from within, spreading peace and positivity wherever they go. These women exude kindness and compassion while lifting others up. Optimistic, they try to find good in anything and everything and make the most of situations. The beauty of her genuine soul radiates a kind of light that brightens the day of anyone who crosses her path.

As a fourth-grade teacher from Philly, Bohemian babe Lindsey Jednak has captured our hearts for the month of September. An inspiration in both the fashion scene and the classroom, she reflects good vibes and a Boho spirit. As "The Fashionably Broke Teacher," Lindsey has opened up to us about how she balances her passion for fashion, an established blog and social media presence, her career, and life.

## Why We Have Totally FALLen for This Rylee & Cru Fall Collection

When we think of the season, we think of breezy strolls through the park, colorful piles of leaves begging to be jumped in, and, of course, the opportunity for cozy cute outfits. Though it may be hard to say goodbye to summer, fashionistas look forward to this time of year. Head over heels for Rylee & Cru's new collection, we would like to introduce you the perfect autumn pieces that will have you and your littles looking stylish from head to heels!

### Tones

Fall fashion is all about warmer color tones. Opt for beige, taupe, brown, and variants of yellow, red, and orange to be one with the season. Softer colors, like olive and ivory, are also quite popular this time of year. When put together, the warm and soft colors create the visual balance that autumn is notorious for. So, mix and match as you please!

It would be a shame if we didn't give this fluffy taupe vegan coat a mention! The Shearling Overcoat from their new collection is an awesome addition for your fall wardrobe. Feel like a chic teddy bear in this adorable taupe cover-up. Get one for your little here!

A current favorite of ours is the color mustard, a universal color that looks great on everyone. Fitting for any age, the dull/dark yellow color is versatile and great for transitioning from summer to fall. A sophisticated hue, mustard represents energy, optimism, and clarity – what a refreshing way to welcome in the season!

### Fabrics

Autumn is a time to switch up fabrics, incorporating heavier materials that will keep us snuggled down. Unlike bulky winter knits, fall fabrics are breathable and will have you good to go from day to night.

Make cotton crepe an essential this season. With its elegant grooves for a crisp, crinkled form, cotton crepe fabric gives a flowy appearance, resembling something like an enchanting river. Cotton crepe has more support than regular cotton materials but is softer than other crepe fabrics. We're glad Rylee & Cru has brought us the cotton crepe [Sparrow Peplum Blouse](#)!

Nothing says fall like this fabric, which can be rocked in the form of boots, bottoms, or outerwear. Arguably the epitome of autumn, faux suede is an animal-friendly material made from polyester microfiber that's woven into a thin, soft, but very tough plastic fabric. According to [Plastics Make It Possible](#), the plastic materials are more durable than natural suede, which is made from the delicate underside of an animal's skin and often can tear. That's why we especially love [this faux suede biker jacket](#), which also comes in littles' size!

## **Prints & Patterns**

Minimalist prints are a highlight of Rylee & Cru's fresh line. The collection features easy-to-style patterns from fun floral to dotted to classic gingham. Subtle yet playful, Rylee & Cru's styles capture the toned-down aspect of fall while bringing the garment to life. They're anything but plain.

Reminiscent of plaid, but a much classier version, gingham works well with fall fashion. Its distinguishable checkered pattern makes it a must-have for the season. The Button Front Midi Skirt can be styled with either a plain top or graphic sweater, as pictured! We feel that the button detail at the front gives this skirt a special touch.

## **They're Absolutely Autumn-Appropriate!**

When it comes to fall festivities, these styles are just as ready as you are! From going back to school, pumpkin patches, and Thanksgiving dinner with the family, Rylee & Cru has mamas and littles covered.

It may be difficult to dress for the beginning of seasons but, with to R & C's newest line, transitioning while staying on trend has never been smoother. The collection includes pieces for you and the kids, so you can coordinate your outfits with theirs! Thanks, Rylee & Cru!

Look out for the rest of the Rylee & Cru collection dropping on our site, [Bohemianmama.com](http://Bohemianmama.com)! To be the first to know once these lovely pieces are available, and receive updates on other clothing drops, join our tribe [here](#).

# How to Spring Clean Your Wardrobe

A new season calls for a new wardrobe and many of us have wish lists to fulfill. Time to store away those cozy knits and make room for airy spring silhouettes by decluttering your closet. Though this annual task can be both tedious and tiresome, the payoff is considerably satisfying. Here are some tips to help you get organized!

## **Dump everything – yes, everything – out.**

Wait, we can explain! The purpose of dumping out the contents of your closet and drawers is to reinforce the spring cleaning process. You'll be forced (in a way) to go through with the whole task. Once you experience a moment of realization of how much stuff you have, you'll commit to getting everything organized how they should be.

## **Take the opportunity as it comes.**

Did you know that tidying can be compared to meditation? Essentially, it's a ritual meant to cleanse your environment. If you want to get the most out of it, put your heart into it! What we really mean is that you should use spring cleaning as an opportunity to declutter your closet and your mind. Relax and reflect – it's good for the heart and soul.

## **Go through your clothes by category.**

For starters, sort out your garments. Put all your shirts, bottoms, shoes, handbags, and everything else in their own pile before going from there. This way, you can use each pile to benchmark your progress.

## **Divide and conquer.**

You'll want to assign categories to those categories. Have three distinct stockpiles to determine if the garment is worth being stashed, saved, or tossed. And if you have to fight an internal battle with yourself over whether or not you'll ever wear it again, it's probably a toss.

## **Follow the “One Year Rule.”**

Avoid the guilt of hoarding under false pretenses. Ask yourself this question: if you haven't worn it in a year, what makes you think you're going to wear it now? If the garment has still got its tags still on it, doesn't fit or flatter your body how you would like, or if you can't think of more than a couple ways to style it, it might be time to move on. Probably the only exception to this rule would be formal wear.

## **Let go!**

Once you've got your “toss” pile finalized, you can pick which garments should be donated, sold, or thrown away. Use brand and condition of the item as determining factors.

Now for the fun part! Once you've done your spring cleaning, be sure to check out this blog post to shop for the season!

# Fall in Love with These 5 Valentine's Date Night Outfits

With Valentine's Day only a week away, it's time to start coordinating gifts, dates, and outfits. Don't have a date? Don't worry! These outfits are cute enough to rock throughout the seasons of spring and summer! Here are some ideas to help you draw inspiration for your own personal style.

## 1. Sweet Enough to Eat

Dresses are the way to go this time of year since they're festive and easy to style. We say [this lovely dress](#) definitely takes the cake for its two-tiered sleeves! Better than a box of chocolates, this new arrival from Red Carter is flirty and totally appropriate for the occasion. The off-the-shoulder dress is short but long enough – just the right length, allowing you to show off a pretty neckpiece and your favorite pair of heels. Add a colored lip to match the red detail and finish off with tousled hair and bold statement earrings for an effortless look.

## 2. One Plus One

Whether you're riding solo or enjoying a night out with your plus one, you can always depend on a matching 2-piece to pull through and save the day. Another fresh arrival from Red Carter, this adorable ruffled set makes it easier for you to look put-together. Shop the top and bottom now!

With the time saved on choosing an outfit, you can focus on accessorizing! An assortment of gold bangles and a pair of tasseled earrings are sure to top off your look.

## 3. Round and About

Valentine's Day allows for opportunity to step out of your comfort zone. Why not go for a fun pattern like the multicolored one, pictured above, or even fierce animal print? Don't be afraid to switch it up! As for purses, we suggest you soften the look with a round handbag, such as the one pictured by Kita Dua. [The Aditi Black Bali Market Bag](#), as pictured below, is a staple for the warmer seasons as it goes great with about any outfit. Made of rattan, this purse makes for a subtle tropical touch to any ensemble.

## 4. Give Me Butterflies

Rompers are arguably all the rage these days. We guarantee you'll turn heads in this alluring [romper by Show Me Your Mumu](#). Decorated with a colorful butterfly pattern, this romper is bubbly and playful – ideal for ice-cream on the pier or a stroll in the park. Featuring delicate teacup sleeves and a V-neckline, you can flash some sparkly jewels. Keeping in touch with the theme of nature, we think you'll go crazy for [this Bali Bamboo Bag by Kita Dua](#).

## 5. Drop Dead In Red

Everybody will be rocking red during this month of love so, of course, our list wouldn't be complete without warm shades of crimson and patterns that pop. You can't go wrong with Tulle & Batiste's bell sleeve blouse and a pair of denim shorts. We especially love the tassels in the front, which can be tied up or let loose according to preference. Flowy and versatile, this blouse can be dressed up or down, adding charm to any outfit. You'll be ready to go anywhere – from the movies to the meadows!

If you're looking to embrace femininity, you'll obsess over this maxi skirt, another piece by Tulle & Batiste. This skirt is the perfect balance – long but still allows for a little leg-action! All you'll need is a plain color top and some jewels to really complement this stunning skirt.

We're excited to announce that clothing by Tulle & Batiste will be dropping this week on our site, Bohemianmama.com! To be the first to know once these lovely pieces are available, and receive updates on other clothing drops, join our tribe here.